NAVY CHILDREN SCHOOL DELHI

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Circular No: 271/2024-25 Date: | October 2024

Dear Parent.

DOE is inviting posters for the January 2025 Edition of Happiness Magazine, Happiness Abound.

Students (classes VI- XII) are motivated to submit posters on the theme- Understanding Inner Conflict.

Students can use drawing paper, art paper, any other type of white paper (of A4 / A3 size) or digitally created paintings / posters and submit more than one. The painting / drawing / sketch can be in any medium (ink, watercolor oil color, pencil, acrylic color, etc.)

TOPICS:

- Happiness to me is
- My relationship with Nature
- My Gratitude towards Family / Friends / Society / Nature)
- · Story of my Resilience
- My favourite Happiness story
- Moments of joy
- Ways to cultivate Positive or Growth mindset
- People I respect
- Mindfulness & inner peace
- Importance of strong relationships
- Spreading Smiles / Happiness
- Cultural perspectives on Happiness
- My happiness class
- Embracing other
- Accepting self

Interested students from classes VI- XII, to submit their posters latest by - 25 October 2024 to Ms RM Sharma – msharmaritu2023@gmail.com.

> (Oshima Mathur) Principal